



SALAD BAR

Make Your Own Salad \$6.50 /lb

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|---------------------|------------------|
| romaine lettuce | artichoke hearts |
| spinach | red onions |
| spring mix | croutons |
| grilled chicken | hard boiled eggs |
| chicken tenders | beans |
| tomatoes | feta |
| carrots | parmesan |
| cucumbers | cheddar |
| kalamata olives | bacon bits |
| roasted red peppers | craisins |
| quinoa | chicken salad |
| roasted zucchini | tuna salad |

Salad Dressings: Italian, ranch, balsamic, house (sugar free), blue cheese, raspberry vinaigrette

WRAPS

Your choice..... \$4.50 each

Chicken Caesar grilled chicken, romaine, shredded parmesan cheese, caesar dressing

Chicken Bacon Ranch grilled or breaded chicken, iceberg lettuce, shredded cheddar, ranch dressing, bacon

Buffalo Chicken grilled or breaded chicken, iceberg lettuce, shredded cheddar, hot sauce

Italian Chicken grilled chicken, spinach, roasted red peppers, provolone, Italian dressing

Turkey Bacon turkey breast, romaine, swiss cheese, red pepper aioli

Vegetable roasted red peppers, romaine, spinach, artichokes, roasted zucchini

SANDWICHES

..... \$3.50 each

Choice of White, Rye or Wheat Bread
GF available

Tuna Salad or Chicken Salad
w/ iceberg, tomato & onion

BLT on toast

Ham & Cheese
w/ lettuce, tomato & onion

Turkey & Cheese

HOAGIES

6" Hoagie Roll \$3.65 each

Italian w/ cappy, provolone, salami, pepperoni, lettuce, tomato, onion

Ham domestic ham, cheese, lettuce, tomato & onion

Turkey roasted turkey, cheese, lettuce, tomato & onion

GRAB & GO

French Fries \$2.10

Waffle Fries \$2.25

Pizza \$2.10

Hamburger \$2.00

Cheeseburger \$2.10

Steak Sandwich \$2.65

Cheesesteak \$2.90

Hot Dog \$2.10

Veggies w/ ranch.....\$1.50

DESSERTS

Hand Scooped Ice Cream \$1.00

(add whipped cream) \$1.25

Cookies\$0.60

Gluten Free Cookies.....\$1.50

Brownies \$0.50

Little Debbie \$0.50

Ice Cream Sammie.....\$1.00

Ice Cream Cookie Sammie.....\$1.75

DRINKS

Coffee \$1.00

Tea \$1.00

Water
Small \$0.60
Large\$1.00

Soda \$2.10

Milk \$1.00

Chocolate Milk \$1.50

Lemonade \$1.00

Snapple.....\$1.75

Sparkling Water.....\$1.00

Capri Sun.....\$1.00

Apple/Orange Juice.....\$1.50

BREAKFAST

Breakfast Sandwiches \$2.80
egg & cheese on a toasted english muffin w/
choice of pork roll, bacon or sausage
available 8-9am

Donuts \$1.25

Bagel w/butter or jelly..... \$1.25

(add cream cheese) \$1.50

Pop Tarts \$1.00

Banana \$0.50

Apple/Orange \$1.00

Grapes \$1.50

Chobani Greek Yogurt.....\$1.50

Breakfast Muffin.....\$0.75

Oatmeal Bars.....\$0.80

**ASK ABOUT OUR
GLUTEN FREE OPTIONS!**